



SOUTHERN REGIONAL MIDDLE SCHOOL

# SPRING INTRAMURAL SPORTS

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Through respect and sportsmanship, we ensure students that want to participate in a daily activity of sport, fitness, and an overall healthy lifestyle are given the opportunity to participate. Be prepared for **ALL** weather. Sign-ups will be daily on the sign-up sheet outside of the weightroom. Daily participants will be limited to 30 students and is a first come, first served basis.

Ed Costa [ecosta@srsd.net](mailto:ecosta@srsd.net)

**MS Room: (Gym B)**

**Spring Intramurals**

**Mon – Thurs: 2:15-3:00pm/3:00 pm – 5:15 pm**

**(Days/Times will vary due to weather and gym/field space)**

See advisors for participation permission slip.